

# NURU

## SPA, BEAUTY & MAGIC

MINI ESCAPES 15 MIN  
- 20\$

### Coconut oil hair treatment

Coconut oil deeply moisturise your hair from toots to tips, stimulates hair growth, prevents hair breakage - 20\$

### Foot Spa

Foot bath with fresh Zanzibar herbs and essential oils following with exfoliating salt scrub - 20\$

### Coconut hands

Soften your hands with coconut oil massage to keep your skin restored and rehydrated - 20\$

### Face Energy Booster

Hydrating and anti aging face mask with green tea and honey to refresh, clean and add glow to your skin -20\$

### Aloe Vera and Cucumber Face Spa

Healing and rejuvenating face mask. It prevents collagen damage and works inside out to prevent wrinkles from appearing - 20\$

### Mood improval chocolate face

This coffee & cocoa face mask has been a mood saver for decades. It will ensure that your skin is healthy and glowing in the long run - 20\$

### Mini Facial

Refreshingface cleansing and face massage



--- PRICES ARE IN USD

Sharazad Oasis Hotel, Jambiani. Behind Sharazad Kite Centre  
Book via whatsapp +255 773 233 528 or Instagram @Nuru\_Spa\_Wellness



# BODY WRAPS

30 MIN | 35\$

- Chocolate Body Wrap
- Sea Weed Body Wrap
- Island Fruit Body Wrap
- Tropical Leaf and Aloe Wrap
- Sandalwood (Liwa) Body Wrap
- Coconut Wrap

# SCRUBS

30 MIN | 35\$

- Illuminating Mango Body Polish
- Coffee Awakening Scrub
- Clove Island Scrub
- Spicy Dessert
- Sea Weed and Aloe Vera Scrub

# RITUALS FOR TWO

Please note that all packages are already discounted and can't be combined with any other discount

- **Lost in paradise- 3 hrs**

Spicy dessert scrub, Abhyanga full body massage, bath for two- 260\$

- **Island magic- 3 hrs**

Coffee awakening Scrubs, Sandalwood Wraps Abhyanga massages, Sunkissed Facials - 280\$

- **Together time - 1 hr 15 min**

ShiroAbhyanga head massage, Padabhyanga Foot Massage, Foot Spa - 140\$

- **All my light - 1hr 30 min**

Vynotherapy, Chocolate face mask, Coconut hair treatment, Foot Spa - 200\$

- **Antistress therapy- 1hr 45 min**

Udwarthana deep tissue massages, Shiroabhyanga head massage, Face energy Booster - 190\$

- **Bounty Island - 2 hr 30 min**

Coconut Milk Body Wrap, Chocolate massage, Coffee Seduction Pedicures - 200\$





# FACIALS

1 HR - 55 USD

- **Sunkissed** (Main ingredients- aloe vera, cucumbers, rose water -
- **Mukha Lepam** - Organic Aulyrvedic Facial (Main ingredients is herbal spice powders and coconut Milk)
- **Deep Detox** - professional deep fashial with our range of the Facial cosmetics to improve the skin surface and underlying pores.
- **Anti-Aging** - An exfoliating enzyme peel on the face and neck renews the skin, followed by a deep-cleansing massage and a moisturizing mask to refresh and rebalance. customize your treatment to address specific skin conditions.
- **Born to glow** - Hydrated bright skin is a must for your beauty! Treat yourself to an experience that will help restore a healthy glow and suppleness to your skin. With a deep cleansing, massage, and collagen treatment mask, you can make your skin happy.

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# JUNGLE RITUALS

**Shirodhara - 30 min**

**Single Treatment 50\$ |**

**6 Treatments 300\$**

For this amazing Aurvedic treatment we pour herbalised warm oil over the forehead in a continuous stream, combining with gentle scalp massage. Shirodhara purifies the mind, alleviates anxiety, reduces headaches, and expands awareness, producing a state of deep relaxation.



**Takradhara - 30 min | 50 \$**

Similar to Shirodhara treatment, but on the instead of oil we use cooling buttermilk. It is an excellent therapy to fight against fatigue, nervous weakness, stress, depressia, poor vitality and anorexia. |

**Thalapothichil - head treatment**

**30 min | 40\$**

We mix Various herbs and spices into a fine paste and then applying on scalp. The scalp is then covered and tied with almond tree leaves. Then we make a hole in a leaf and pouring warm oil. Unforgettable antistress experience!



**Nyungu - tribal herbal steam inhalation**

**15 min | 30\$**

Traditional african medicine to cure skin , lungs deseases, astha, covid, flu, cold, reduce blood sugar levels, eye disorders and many more. The herbal mix consist of raw ginger, lemongrass. neem tree, kivumbasi leaves.  
**NOT DOABLE DURING PREGNANCY!!**

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# JUNGLE BATH

YOU CAN BOOK FOR UP TO 4 PEOPLE IN  
THE SAME TIME IN THE SAME BATH.  
SHOULD BE BOOKED IN ADVANCE

## CHOOSE A BATH:

- Flower bath (flowers, essential oils, spices, sea salt)
- Citrus bath (Leafs, citrus, essence oils, sea salt)

## Bathing options:

- Bath on its own - 55 \$ per person (up to 1 hr)
- Bath with scrub or wrap - 80\$ per person
- Bath with massage- 100\$ per person

## Things to know:

- 1.Our bath is completely private. It's up to you if you want to wear bikini or not.
- 2.Each bath comes with complementary Sangria, Wine or Detox Tea (please inform in advance)

# HERBAL BARRELS

WE HAVE 4 BARRELS :)  
SHOULD BE BOOKED IN ADVANCE

## CHOOSE A WATER:

- Cold (ice, cold water)
- Warm (Leafs, herbs, essence oils, spices, sea salt)

## Barrel options:

- Herbal barrel, warm water -55 USD
- Ice Barrel (75 kg of ice per barrel) - 65 USD
- Beer barrel (warm water, herbs, beer) - 75 USD
- Milk Barrel (warm water, coconut milk, rose essence, flowers) - 55 USD

## Things to know:

- 1.Please wear your bikini/swimming suit
- 2.Each barrel comes with complementary Sangria, Wine or Detox Tea (please inform in advance)
- 3.Each barrel comes with organic hair treatment
- 4.Duration of the barrel - 1 min - up to 1 hr (the same price). Please talk to us if you want to stay longer, we can easy arrange that if there is an availability

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# MASSAGES

60 MIN

## Udvarthana | 60\$

Deep tissue Ayurvedic massage using herbal powders and medicated oils.

## Abhyanga | 50\$

Relaxing Ayurvedic massage with herbal oils to create deep relaxation in the mind and body.

## Elakizhi | 50\$

The traditional herbal bag massage uses a warmed and oiled bag of special herbs chosen for their anti-inflammatory, antiseptic, astringent and antioxidant properties.

## Hot Stones Massage | 75\$ (75 min)

Massage with a smooth, heated stones placed or rubbed on your body. The heat from the stones leads to deep relaxation and to warming up of the tight muscles enabling us to work more deeply.

## Padabhyanga Foot Massage

30 min | 35\$

Padabhyanga', In Ayurveda, or 'foot massage' is considered the mother of all therapies. 'Pada' in Sanskrit means 'foot', and 'Abhyanga' - means use of medicated oils..

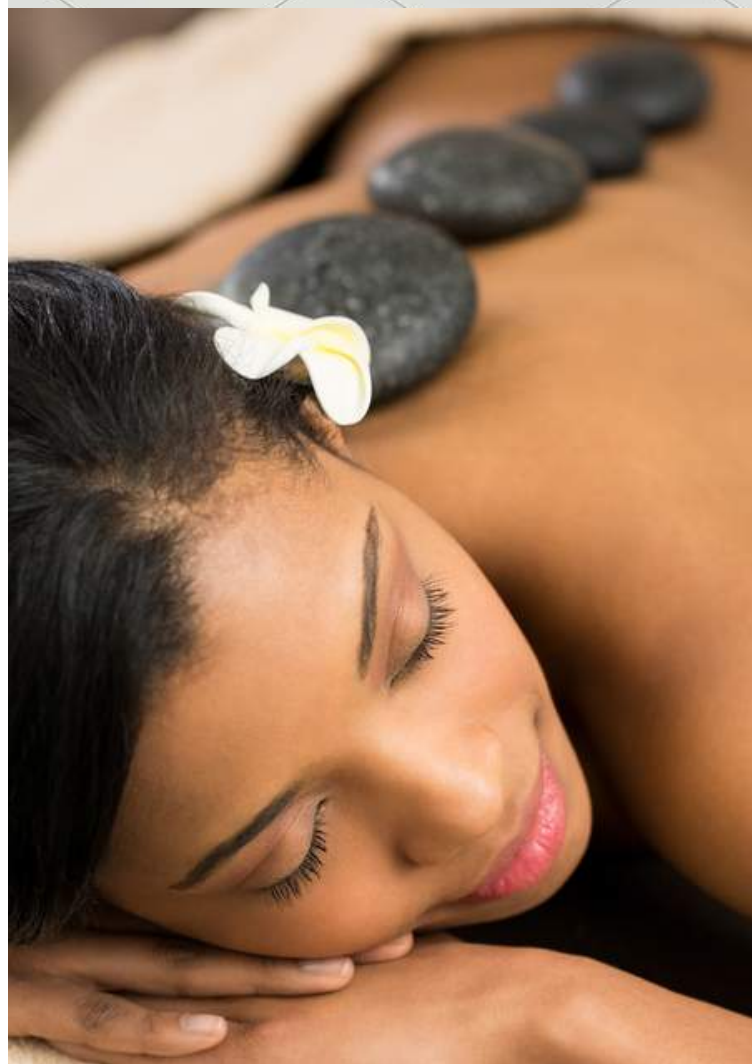
## ShiroAbhyanga Head Massage

30 min | 35\$

Ayurvedic head massage with oils provides relaxation to body and mind and keeps many diseases and stress at bay. It makes us competent enough to face the toughness of day-to-day life with ease.

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# MASSAGES

60 MIN

## Vinotherapy | 70

Vinotherapy treatment include red wine scrub and massage with red wine, rose water and essential oils. Red wine have been shown to improve skin's elasticity, quell inflammation, and even boost capillary health - basically everything you could ever want.

## Chocolate massage | 50

Treat yourself to the magic procedure of chocolate massage, give a tide of new forces and beauty to your body.

## Back & Neck 30 min | 35

Traditional back, neck and shoulder massage to release tension in your muscles and making you feel relaxed.

## Baguan Cupping Massage | 60

Cupping involves placing modern, silicone cups on the skin and creating a vacuum by suctioning out the air.

We use two types of cupping:

- Dynamic cupping (for pain therapy, for weight lose and slimming) - when therapist moves cups along the mussels
- Static cupping - (for pain therapy, tension or stiff muscles, back or neck pain) when cups are placed on a trigger points for 7-10 minutes.

Please note that we are not doing cupping therapy if you have any internal disease, pregnant, on period, or unwell.

Cupping causes the skin to temporarily turn red or purple under the area that has been cupped (especially static cupping). The skin discoloration can last anywhere from a few hours to a few days, but is rarely painful.







# NAILS

## Express Manicure + Pedicure - 40

Rushing to jump in the ocean and swim swim swim? we've got this! Fast dry shaping and nail cut, and you are good to go!!

- to add regular color after the mani/pedi 3 USD (6\$ if feet + hands)
- to add gel after the mani/pedi 5 USD (10 USD if feet+hands)

"I dont want a mani or pedi, I just want to apply color" - gel 15\$ (mani OR pedi) regular color -10\$ (mani OR pedi), gel removal 10\$ .

## Coffee Seduction SPA Manicure

A luxury hand bath manicure, to feel relaxed, nourished, and revitalized.

- With normal polish -35\$
- With Gel polish - 40\$
- Add organic face mask during pedi or mani - 10\$

## Coffee Seduction SPA Pedicure

Paradise for your hard working feet! Including foot spa, exfoliation and massage

- With normal polish -40\$
- With Gel polish - 45\$
- Add organic face mask during pedi or mani - 10\$

# WAXING

- Wax half leg - 20
- Wax full leg 40
- Bikini wax - 25
- Brazilian wax - 65
- Back wax - 40
- Eyebrows - 10
- Lips and chin - 10
- Under arms - 15
- Arms - 30

# LASER

## Semipermanent hair removal

- Half leg - 30
- Full leg 60
- Bikini - 40
- Brazilian - 65
- Arms - 45
- Under arms - 30
- Lips and chin - 30



# HAIR

## Salon Treatments (with head massage)

- Paul Mitchell Awapuhi Ginger Keratin -40
- Maaraes Intensive Hair Care Ritual -40
- Kerasys Ampoule Ceramide Hair Protection treatment - 40
- CP-1 Premium Ceramide Protein Repair System - 40
- GK Keratin straightening (semi-permanent, 3-4 months) -150\$ till shoulders 250\$ bellow shoulders
- OLAPLEX (Intensive salon repair after extreme damage) 40\$ bellow shoulders, 50\$ shoulders to the middle of the shoulder blade, 60\$ middle of the shoulder blade to longer
- K18 (intensive salon repair after hair damage) same pricing as OLAPLEX

## Organic Treatments (with head massage, 30 min)

- Rice Hair Grow Masks - 30 USD
- Fenugreek & black seeds mask (stop hair fall and increase growth) - 30 USD
- Aloe Vera and coconut milk (hydration) - 30 USD
- Wild Honey and coconut oil (for dry and damaged) - 30 USD

## Hairstyle:

- Shampoo only - 10 USD
- Shampoo and blow dry- 20 USD
- Flat iron - 10 USD
- Weaving kanekalon 2 braids - 25 USD
- Weaving kanekalon 1 braid - 15 USD
- African braids (extensions) - 65 USD
- African braids yebo-yebo -50 USD





# SPIRITUAL EXPERIENCES

**Chakra Cleansing  
Sound bath - 45min  
1 person - 55, couple 100\$**

Healing a full-body meditative experience where you will lie down and listen to resonant sounds, which our instruments will retune your body, mind and spirit, encouraging relaxation, healing and wellness.

**Tibetan singing bowl massage  
45 min - 55 per person, couple 100\$**

Unforgettable experience of moving vibrational Tibetan bowls on your body, placing tuning forks on your energy points and healing you with specific frequencies of our instruments. Strong touch of vibration of singing bowls combined with sound therapy will reduce stress, pain, depression, and other forms of mental pressure. Perfect relief if you feel lost, have anxiety or sleeping issues. Please approach us for special rate if you want to buy a monthly pass for this therapy.

**Singing bowl massage in a water  
45 min - 90 per person**

The vibrational effects of Sound Healing Massage on one's body, mind and energy is an incredible inner journey experience to be felt for oneself. You will be laying on our floats in a water while experiencing vibrations of the Singing bowls passing through, helping you to disconnect from their worry and experience the present moment.

**Full Moon group ceremony  
1 hr., 22 USD/person**

Join our traditional sacred ceremony with Sound Healing, Chakra balancing, Magic Healing for the full moon night to restart your life and change your patterns for better. Please bring something to cover your eyes with. Please book in advance and on full moons only.



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# SPIRITUAL EXPERIENCES

## Cacao Group Ceremony 1 hr., 22 USD/person

Join our magical ceremony for the new moon or special nights (please check our insta!) to manifest your future and heal your past. Please bring something to cover your eyes with. Please book in advance .

## Nyungu Group Ceremony 1 hr., 22 USD/person

Shamanic experience of inhealing special set of Healing Zanzibar Herbs, prepared for you by a local Witch Doctor, combined with African Drums and Cleansing energy of calming Sound Healing. Happening once in a month, follow us on instagram for the next ceremony or ask at the Spa reception.

## Energy Therapy Session - 1 hr 55\$

Unblock the flow of energy, release fear and stress through chakras and meridians. The therapist will be working with pendulum and meridian point chart of your Aura telling you where is the blockage and harmonising the flow of your energy, guiding you and giving you advice on how to overcome your difficulties and let the energy flow. Prebooking required!

## Breathwork

### 60 min - 55 per person, couple 100\$

Remarkable healing practice uses breath and music to allow participants to have their ego conscious mind die down so one can have direct access to an inner wisdom and take you places where you can find healing and transformation.

***Please follow our Instagram @nuru\_spa\_wellness for more news for our upcoming retreats, ceremonies, healing practices and more. Do not hesitate to approach us in whatsapp +255 773 233 528***

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# PACKAGES

Please note that all packages are already discounted and can't be combined with any other discount

- **Island magic- 2 hrs 30 min | 90**

Full pedicure, full manicure, deep detox facial, coconut hands massage

- **Restart the system- 1 hr 30 min | 90**

Back massage, head massage, foot massage, aloe vera face spa

- **Beach escape - 2 hrs | 130**

Clove scrub, Udwarthana Deep tissue full body massage, body wrap and chocolate face mask

- **Tribe ritual- 2 hrs 30 min | 150**

Coffee scrub, relaxing massage, warm herbal barrel, foot spa

- **Healing journey- 2 hrs | 115**

Sound bath, warm herbal barrel, face energy booster

- **Caveman ceremony 4hrs |250**

Coffee scrub, Udwarthana Massage, Shirodhara, Tibetan bowl Massage, foot spa, flower bath

## SPA PARTY

WHEN SPA IS OPEN FOR YOUR GROUP ONLY)

### Kids SPA:

- Full day (mama's relief) - 160 USD per kid (including light lunch and snacks). 7 kids minimum
- Learn to be a mini-therapist, pick your own aromas and colours to mix scrubs and oils and cover yourself with chocolate. Then mini manicures, facials, massages, hair treatment and favorite feet spa!
- Half day (3 hrs) - 80 USD (including snacks) minimum 7 kids

### Adult spa:

- Half day (4-5 hrs) - 140 USD per person, 7 people minimum
- Including light snack and unlimited sangria
- Full day (7-8 hrs) - 200 USD per person (including pizza and unlimited sangria) minimum 7 people.
- Treatments includes whatever you choose from the menu (including spiritual ceremonies). We can also design a special menu for you.

More amazing news are coming soon!

Follow us on @nuru\_spa\_wellness

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